Therapeutic Recreation



Summer Camp Planning Steps

Determine if camp is a good fit for your child:

- Is your child 'group ready'? Camper's must be able to participate in 50% of camp programing with or without support from an inclusion support worker and participate safely.
- Most camps require campers to be 4 years old or older.

Start camp planning early:

• Start planning in December or early January because some camps open registration in January.

Find a camp suited to your child's support needs, age and interests, consider:

- Camps with Inclusion programs have a 1:1 inclusion support worker you can apply for.
- Specialized camps with lower camper to staff ratios are designed for campers with disabilities but do not offer a 1:1 inclusion support worker.
- Camps with an Inclusive Philosophy do not have their own inclusion program, but you are welcome to provide your own support worker to help your child and/or discuss your child's needs.
- Ask the camp what level of support they can provide because not all camps provide support for personal care such as toileting and medication.

Apply for funding for camp:

- Consider income-based and disability specific funding.
- Apply early. Most funding must be applied for and approved prior to registering for camp.

Share Information:

• Every camper is unique, openly share information about your child to help them be as successful as possible!

Register:

- Be ready when camp registration opens as many camps fill quickly.
- If a camp offers 1:1 inclusion support workers, these spaces are limited and fill quickly.

Need support for camp planning?

- Attend a camp fair Register on KidsAbility Website: kidsability.ca/camp-info.
- Visit KidsAbility's Website <u>camp planning resources</u> and <u>camp directory</u>.
- Connect with your support agency.
- Email rectherapy@kidsability.ca with your questions.